



Northwood News

The School Of Choice

www.northwoodschool.co.za

8 August 2018 – Volume 25

Thought for the Week

“The difference between a broken community and a thriving one is the presence of women who are valued.”
~ Michelle Obama

From the Headmaster

MR P VILJOEN

Life at Northwood is, as always, at full speed and busy.

I would like to thank everyone who was involved in the Top 10 Tea and would like to congratulate those boys who were awarded Top 10 pins as well as the boys who have improved markedly and received certificates. Hard work always deserves to be recognised and rewarded and we are happy to acknowledge those boys who have put in the effort. The list of the top 10 winners was published in last week's

Northwood News. Congratulations boys.



Congratulations to Ananta Reddy (Chess) and Taine Bird (Hockey) on being awarded the honours blazer with gold braid in recognition of their outstanding achievement in their individual sports. This is the school's highest award and we are extremely proud of them. For full details of their achievements please see our Northwood News Facebook page.

Congratulations to all of those who were responsible for a very successful Interhouse Athletics meeting yesterday.

Congratulations to the winners. However, the fun is in the participation and I am so pleased to see the number of boys who took part. Full results and award winners will appear in this week's Northwood News.

Tomorrow is Women's Day. It is wonderful to have a day off school, but I would encourage our boys, and men in general, to recognise the importance of women in our lives. Although many women today are in high-powered positions in business and are making a difference in the world, more importantly they play a major role in the upbringing of their children and building a home. It is our responsibility to appreciate and honour all women.



P O Box 20079, Durban North, 4016
Telephone: +27 31 563 6501

Adelaide Tambo Drive, Durban North, 4051
Fax: +27 31 564 1898

Webpage: www.northwoodschool.co.za

Thursday 9 and Friday 10 August are School Holidays!



From the Counsellor's Desk

MR M RICH (mrich@nwood.co.za)

COUNSELLORS: MRS D BUTT (dbutt@nwood.co.za)
MRS REDDY (sreddy@nwood.co.za)

SIVEST ENGINEERING BURSARY SCHEME 2019

Sivest is looking for candidates to participate in their bursary programme to study Engineering. If you are interested in applying for this bursary, please see Mr Rich.



Ashleigh White Physiotherapy

Northwood Sports Medical Centre, Northwood School, Lower Campus,
43-47 Mackeurtan Ave, Durban North, 4016
Tel : 031 564 7675

Treating Chest Infections

In Durban we are very lucky as winter here is not nearly as cold and dry as somewhere like Johannesburg or damp cold like Cape Town.

This however does not make us immune to flu, bronchitis and chest infections.

Not everyone knows that physiotherapists can treat chest problems. It is assumed that it is only for hospital patients.

Generally speaking, the chest is listened to and treated accordingly with percussions, shaking and vibrations. These help to loosen any sticky secretions.

Breathing exercises are always given to patients, this helps the patient to breathe better, expel the secretions and manage their chests after a good treatment.

Advice is given if neubilisation may be beneficial. Unfortunately, in my practice there are no suction machines but in school children and adults suction is not often needed.

Please call 031 5647675 if you need a chest treatment. I will be happy to assist.

Ashleigh White
Physiotherapist

Northwood Sports Medical Centre

Reception		031 564 7675	medicalcentrenorthwood@gmail.com
Homeopath	Dr Colette Kell	073 019 9799	colette.kell@gmail.com
Chiropractor	Dr Michael Wiggett	071 485 5201	michael@chiro.durban
Psychologist	Shannon Ownhouse	072 737 1610	shannonownhouse@gmail.com
Physiotherapist	Ashleigh White	071 607 0883	physioajwhite@hotmail.com
Sports Massage	Tamryn Currin	078 522 6892	tammycurrin87@gmail.com

Important Dates

DAY	DATES			EVENT	VENUE
AUGUST					
Thurs	09			Women's Day	
Fri	10			School Holiday	
Sat	11			Soccer vs St Charles	Northwood
Fri	17			Closing Date for Subject Choice forms	Northwood
Fri	17			Soccer Interhouse	Northwood
Sat	18			Clifton	TBC
Tues	21			Sports Photo Day	School Hall
Wed	22			Eid	
Fri	24			Grade 8 – 10 Social	
Sat	25			Soccer vs Westville	Home
Sat	25			Grade 11 Dance	
Fri	31			2019 Prefects Announced	School Hall
Fri	31			Quadrangular Athletics	Northwood
SEPTEMBER					
Sat	1			Soccer vs Hilton	Hilton
Sun	2			Soccer 5-a-side Tournament	Kloof
Mon	03			Prefects Tie Ceremony	Jubilee Room
Mon	03			Matric Trials Start	Northwood
Fri	07			LO Exam (TBC)	Northwood
Sat	08			Maritzburg College	Northwood
Mon	24			Heritage Day	
Thurs	27			Sportsmen's Banquet	School Hall
Fri	28			End of Term 3	
Fri	28	to	02	Shaun Pollock u14 Cricket Festival	Northwood
Fri	28	to	09	1 st Team Cricket Michaelmas Week	
Fri	28	to	02	u16 Kookaburra Festival	
Fri	28	to	02	1 st Team Grey College Soccer Tournament	Bloemfontein
Fri	28	to	01	1 st Team Waterpolo SACS Tournament	Cape Town
Fri	28	to	02	u14 Hilton Waterpolo Tournament	Hilton
OCTOBER					
Thurs	04	to	07	u16 DHS Waterpolo Tournament	DHS
Tues	09			School Reopens	
Tues	09			Prefect's Dinner	Jubilee Room
Fri	12			Speech Day	School Hall
Thurs	18	to	21	1 st Team Stayers Waterpolo Tournament St Stithians	Johannesburg
Thurs	18		21	u15 Crawford Lonehill Waterpolo Tournament	Johannesburg
Fri	19			Marketing Fundraiser (TBC)	
Thurs	25	to	28	u14 Grey College Waterpolo Tournament	Bloemfontein
Fri	26			BE Year End Function	John Bruyns Hse
NOVEMBER					
Wed	07			Diwali	
Fri	09			Remembrance Day	
Fri	23			Sardine Run	
DECEMBER					
Wed	12			School Closes for Learners	
Fri	14			School Closes for Staff	

From the Head of Academics

MRS R STANLEY

Email: rstanley@nwood.co.za

EXTRA LESSONS TIMETABLE

	GRADE 8	GRADE 9	GRADE 10	GRADE 11	GRADE 12
MON	SPORT	SPORT	Maths Lit Mrs Evans/Mrs Butt Maths: Mrs le Roux Afrikaans Mrs v/d Westhuizen Life Sciences Mrs Morton	Maths Lit Mrs Evans Maths: Mrs Scott Afrikaans Mr Jankeeparsad Life Sciences Mrs Morton Physical Science Mrs Reddy	English: Mrs Ganesh Life Sciences Dr Pillay Physical Science Mrs Ramseok
TUES	Maths Mr Hosking English Mr Hale	Maths Mrs Munnik Life Science Mrs Morton	SPORT	SPORT	SPORT
WED	SPORT	SPORT	English Mr McDowall	English Mr Pillay	Life Science Mr Robertson Afrikaans Mr Harishun
THURS	Afrikaans Mr Nielsen Maths Mrs le Roux	Afrikaans Mrs Prins English Mr Halse Maths Ms Bristow	SPORT	SPORT	SPORT
			Acc/BusSt/Econ See Mrs Raftopoulos	Acc/BusSt/Econ See Mrs Raftopoulos	Acc/BusSt/Econ See Mrs Raftopoulos Maths Lit See Mrs Evans

CONTROL TESTS AND REINFORCEMENT LESSON DATES – TERM 3

TEST DATE	GRADE 8	GRADE 9	GRADE 10	GRADE 11	GRADE 12	REINFORCEMENT LESSON DATE
14 Aug	History	English	Afri/Zulu	Afri/Zulu	Geog	24 Aug
16 Aug			Accounting*			
21 Aug	Life Sci	Geog	Phys Sci P1	EGD	Bus Studies	31 Aug
24 Aug	Geog	Afri/Zulu	English	Maths/Maths Lit	Maths/Maths Lit	07 Sept
28 Aug	EMS	Tech	Maths/Maths Lit	Bus Studies	Life Science	14 Sept
30 Aug					Phys Sci Prac**	
31 Aug	Phys Sci	Maths	Life Science	Phys Sci P2		21 Sept
04 Sept	English	Phys Sci	Bus Studies	English		TBC
05 Sept			Phys Sci Prac**	Phys Sci Prac**		
06 Sept			Economics*	Economics*		
07 Sept	Maths	History	EGD	Phys Sci P1		TBC
10 Sept				Accounting* History*		
11 Sept	Tech	EMS	Phys Sci P2	History		TBC
12 Sept			Life Sci Prac**			
18 Sept				Life Sci Prac*		

PHYSICAL SCIENCE EXTRA LESSON TIMETABLE

Every Monday immediately after school.

	MRS RAMSEOOK GRADE 12	MRS REDDY GRADE 11	MR BODALIA GRADE 10
13 August	Momentum Impulse	Stoichiometry Limiting Reagents	Stoichiometry
20 August	Vertical Projectile Motion	Stoichiometry Percentage yield/purity	Stoichiometry
27 August	Organic Reactions	Electrostatics	Graphs of motion
03 September		Electricity/Ohms Law	Mechanics
10 September			Mechanics

Matric Trial Exams 2018

Please note the changes to the Matric Trial exam timetable

DATE	9:00	14:00
Mon 03 Sept	LO (2 Hrs)	
Tues 04 Sept	**English P3 (2½ Hrs)	
Wed 05 Sept	**Afrikaans P3/ **Zulu P3 (2½ Hrs)	
Thurs 06 Sept	**English P2 (2½ Hrs)	
Fri 07 Sept	**Afrikaans P2/ **Isizulu P2 (2 Hrs)	**Art P1 (2 Hrs)/ **IT P2 (3 Hrs)
Mon 10 Sept	**English P1 (2 Hrs)	
Tues 11 Sept	Geography P1 (3 Hrs)	Geography P2 (1½ Hrs)
Wed 12 Sept	Life Science P1 (2½ Hrs)	
Thurs 13 Sept	Accounting (3 Hrs)/ **Music (3 Hrs)	
Fri 14 Sept	Physical Science P1 (3 Hrs)	
Mon 17 Sept	Physical Science P2 (3 Hrs)	
Tues 18 Sept	History P1 (3 Hrs)	EGD P1 (3 Hrs)
Wed 19 Sept	Maths P1 (3 Hrs)/ Maths Lit P1 (3 Hrs)	Economics P1 (2 Hrs)
Thurs 20 Sept	History P2 (3 Hrs)	Business Studies (3 Hrs)
Fri 21 Sept	Maths P2 (3 Hrs)/ Maths Lit P2 (3 Hrs)	
Mon 24 Sept	HERITAGE DAY	
Tues 25 Sept	Life Science P2 (2½ Hrs)	Economics P2 (2 Hrs)
Wed 26 Sept	**Afrkaans P1/ **Isizulu P1 (2 Hrs)	EGD P2 (3 Hrs)

EARLY EXAMS:

29 Aug **Art P2 (6 Hrs) & **IT P1 (3 Hrs)

31 Aug **AP Maths

* In Class time

** Practical Exams

NOTE: All exams are provincially set, except for those internal papers indicated by (**)

every time you
mistreat a woman,
you give up the
right to be *treated*
like a man.

Sport & Culture

From the Head of Extramurals

Mr G. Le Roux gleroux@nwood.co.za
Deputy Headmaster – Extramurals

Congratulations to all boys who were involved in the recent Interhouse Athletics Day. Final results and prize winners will be announced at assembly on Monday.

We congratulate Mr Baker, our Director of Hockey, on his appointment as the KwaZulu-Natal Ladies u21 hockey coach. We wish you the best with your up-coming season.

Mr Richter will embark on a serious adventure this weekend when he competes in the Trans-Baviaans 24hr Mountain Bike Race. This race is a total distance of 240km which is covered in 24 hours. We wish you and your partner all the best of luck.

For all extra mural details with regards to fixtures, notices, practice times and transport arrangements please visit www.northwoodschooolsport.com. Remember to create a shortcut on your home screen of your mobile device for a very user friendly version of the site.

Swimming

Congratulations to Steven Seagreen and Trevin Reddhi on their selection to the KZN schools swimming team.

Cross Country

Congratulations to Mfundo Mfeka, Immanuel Moyo and Dwayne Gooding on their selection to the Durban Central Cross Country team.

Chess

Northwood was placed 2nd at the D&D Finals this year.

Results were as follows:

vs Glenwood Won 5½ - 4½

vs St Henry's Won 7 - 3

vs DHS Lost 5½ - 5½

Well done to the following boys who did not lose a game this year:

Ananta Reddy (c) (Board 1), Eli Govender (Board 3), Rai Reddy (Board 6).

Smalls

We offer the facility of these mini adverts as a community service and they are do not specifically endorsed by Northwood.



FIRST AID: If you have a function or event where a qualified first aider is required, contact Daveno Proudfoot on 067 027 5971. Daveno is Grade 3 qualified and is available weekends, afternoons and any time during holidays.

MATHEMATICS TUITION: Maths tuition provided on a 1 on 1 basis to learners from Grade 10 to Grade 12, by a seasoned Mathematics educator situated on the Berea. If keen, please contact Z. Lockhat on 0826512880.