



# Northwood News

The School Of Choice

[www.northwoodschool.co.za](http://www.northwoodschool.co.za)

8 November 2018 – Volume 38

## THOUGHT FOR THE WEEK

"Don't say you don't have enough time. You have exactly the same number of hours per day that were given to Helen Keller, Pasteur, Michelangelo, Mother Teresa, Leonardo da Vinci, Thomas Jefferson, and Albert Einstein."

~ H. Jackson Brown Jr.

## From the Headmaster

MR P VILJOEN

Dear Parents

The past weekend saw the conclusion of a very long, but extremely successful sporting year. I want to thank Mr le Roux, all of his Directors, MIC's, and coaches for giving so much of themselves to our boys throughout the year. Their combined efforts are greatly appreciated.

I want to extend the thank you to you as parents. Thank you for your love, care, support and sacrifices that you make to ensure that your son is able to play, tour, perform and enjoy sport. Thank you for being awesome parents to your son/s and for being part of the Northwood sporting family.

Having spent some time on social media this week I came across this interesting piece that listed "rules for sons" some of these rules are a little quirky, but reading through them there is certainly some very valuable lessons within this list. Please share these with your boys over the coming weeks.

### RULES FOR SONS:

1. Never shake a man's hand sitting down.
2. Don't enter a pool by the stairs.
3. The man at the Braai Grill is the closest thing to a king.
4. In a negotiation, never make the first offer.
5. Pray and give thanks constantly
6. When entrusted with a secret, keep it.
7. Hold your heroes to a higher standard.
8. Return a borrowed car with a full tank of gas.
9. Play with passion or not at all...
10. When shaking hands, grip firmly and look them in the eye.
11. Don't let a wishbone grow where a backbone should be.
12. If you need music on the beach, you're missing the point.
13. You marry the girl, you marry her family.
14. Be like a duck. Remain calm on the surface and paddle like crazy underneath.
15. Experience the serenity of traveling alone.
16. Never be afraid to ask out the best looking girl in the room.
17. Never turn down a breath mint.
18. A sport coat is worth 1000 words.
19. Try writing your own eulogy. Never stop revising.
20. Eat lunch with the new kid.

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# From the Headmaster Continued...

21. After writing an angry email, read it carefully. Then delete it.
22. Ask your mom to play. She won't let you win.
23. Manners maketh the man.
24. Give credit. Take the blame.
25. Stand up to Bullies. Protect those bullied.
26. Write down your dreams.
27. Always protect your siblings (and teammates).
28. Be confident and humble at the same time.
29. Say "please" and "thank you" – always.
30. Call and visit your parents often. They miss you.
31. The healthiest relationships are those where you're a team; where you respect, protect, and stand up for each other.

## Second Hand Book Sale

**15 November from 9am in the book room.**

Your son's books can be handed in at the book room on a Friday from 1 – 3 pm after his exams have been written in those subjects.

## Important Dates

DAY	DATES	EVENT	VENUE
<b>NOVEMBER</b>			
Fri	09		Remembrance Day
Thurs	15	9am	2 <sup>nd</sup> Hand Book Sale
Wed	21		Sardine Run
Fri	26		Matric final bell ringing
Fri	30		School Closes for Learners and Staff

## Cash Payments

For security reasons, cash payments over R10 000 will no longer be accepted at school and must be deposited directly into our bank account.

## Northwood Sports Medical Centre

Reception		031 564 7675	<a href="mailto:medicalcentrenorthwood@gmail.com">medicalcentrenorthwood@gmail.com</a>
Homeopath	Dr Colette Kell	073 019 9799	<a href="mailto:colette.kell@gmail.com">colette.kell@gmail.com</a>
Chiropractor	Dr Michael Robson	082 602 5444	<a href="mailto:medicalcentrenorthwood@gmail.com">medicalcentrenorthwood@gmail.com</a>
Psychologist	Shannon Ownhouse	072 737 1610	<a href="mailto:shannonownhouse@gmail.com">shannonownhouse@gmail.com</a>
Physiotherapist	Ashleigh White	071 607 0883	<a href="mailto:physioajwhite@hotmail.com">physioajwhite@hotmail.com</a>
Sports Massage	Tamryn Currin	078 522 6892	<a href="mailto:tammycurrin87@gmail.com">tammycurrin87@gmail.com</a>

# From the Head of Academics

MRS R STANLEY

Email: [rstanley@nwood.co.za](mailto:rstanley@nwood.co.za)

## TEXT BOOKS AND STATIONERY – 2019

The book lists are available on the D6. Please note that certain work books are only available at school. Any queries can be directed to Mrs Prins – [bprins@nwood.co.za](mailto:bprins@nwood.co.za)

## Matric Exam Timetable

DATE	9:00	14:00
Thurs 08 Nov	English HL P2 (2½ Hrs)	
Fri 09 Nov	Life Sciences P1 (2½ Hrs)	
Mon 12 Nov	Life Sciences P2 (2½ Hrs)	Engineering Graphics & Design P1 (3 Hrs)
Wed 14 Nov	Afrikaans FAL P2 (2 Hrs)	
Thurs 15 Nov	IsiZulu FAL P2 (2 Hrs)	
Mon 19 Nov		Engineering Graphics & Design P2 (3 Hrs)
Tues 20 Nov	IsiZulu FAL P3 (2½ Hrs)	
Wed 21 Nov	History P2 (3 Hrs)	
Thurs 22 Nov	Business Studies (3 Hrs)	
Fri 23 Nov	Afrikaans FAL P3 (2½ Hrs)	
Mon 26 Nov	English HL P3 (2½ Hrs)	
Tues 27 Nov	Music P1 Theory (3 Hrs)	Music P2 Comprehension (1½ Hrs)

## End of Year Exam Timetable

DATE	TIME	GRADE 8	GRADE 9
Thurs 08/11	08h15 – 10h15	Afrikaans/ IsiZulu	Life Sciences (1½Hrs)
Fri 09/11	08h15 – 10h15	History (1½ Hrs)	Creative Arts/ Music
Mon 12/11	08h15 – 10h15	Technology	English P4 (1½Hrs)
Wed 14/11	08h15 – 10h15	Geography (1½ Hrs)	Physical Science (1½ Hrs)
Fri 16/11	08h15 – 10h15	English P2	Technology
Mon 19/11	08h15 – 10h15	Study	Afrikaans P4 (1½ Hrs) / IsiZulu P4 (1½ Hrs)
Wed 21/11	08h15 – 10h15	Life Sciences (1½ Hrs)	Geography (1½ Hrs)

DATE	TIME	GRADE 10	GRADE 11
Thurs 08/11	08h15	Life Science P2 (2½ Hrs)	English P1
		IT P2 / Art P1/ Economics P1 (11h30-13h30)	EGD P2 (3 Hrs) (11h00-14h00)
Fri 09/11	09h00	<b>Maths P1/ Maths Lit P1 (1½ Hrs)</b>	<b>Physical Science P1 (3 Hrs)</b>
Mon 12/11	09h00	<b>Maths P2/ Maths Lit P2 (1½ Hrs)</b>	<b>Physical Science P2 (3 Hrs)</b>
Tues 13/11	08h15	Afrikaans P2/ IsiZulu P2	History P1 (3 Hrs)
	11h00	Accounting P2	
Wed 14/11	08h15	EGD P2	Life Science P2 (2½ Hrs)
	11h00	Economics P2	
Thurs 15 Nov	08h15	Bus Studies P2	History P2 (3 Hrs)
Fri 16/11	09h00	<b>Physical Science P1</b>	<b>Maths P1 (3hrs) / Maths Lit P1</b>
Mon 19/11	09h00	<b>Physical Science P2</b>	<b>Maths P2 (3hrs) / Maths Lit P2</b>
Tues 20/11	08h15	History (3 Hrs)	IT P2 (3hrs) Art P1/ Economics P2
Wed 21/11	08h15	English P1	Afrikaans P2/ IsiZulu P2

All Papers 2 Hours unless indicated otherwise.

# From the Head of Extramurals

Mr G. le Roux [gleroux@nwood.co.za](mailto:gleroux@nwood.co.za)

As we move our focus to 2019 I would like to ask all parents to ensure they are aware of the following tours that will be taking place in 2019.

Estimated costs are being calculated and these will be displayed together with this letter on our Northwood Sports Website next week.

The majority of our fixtures have also been finalised for Term 1 and Term 2. Please keep these in mind when planning trips and family holidays. The full set of fixtures will be published in the next Northwood News and, like all sporting resources, will be made available on our Sport Website.

## 2019 Northwood Sport Tours

DATE	TOUR NAME
4-7 Jan	1 <sup>st</sup> Cricket Grey College Festival
24-27 Jan	1 <sup>st</sup> Water Polo - Grey Bloem
31 Jan-2 Feb	Pearson 2 <sup>nd</sup> team Water Polo Tournament
14-17 Feb	1 <sup>st</sup> Vides Water Polo Tournament
22-24 Feb	U15A Dallas Hutton Water Polo Tournament
28 Feb- 3 Mar	U15A Parktown Indigo Water Polo Tournament
10-24 March	Malaysia Hockey Tour
15-18 March	U15B Northwood Rugby Festival
15-18 March	U14A Parktown Rugby Festival
21-24 March	1 <sup>st</sup> , U16A,U15A,U14A Grey High Rugby Festival
28-31 March	1st Hockey Founders Festival @ Northwood
17-22 April	1st Hockey KES Festival
17-22 April	1st Rugby KES Festival
17-22 April	U16A Jeppe Rugby Festival
17-22 April	U15A Parktown Rugby Festival
19-22 April	U14A Founders Hockey @ Parktown
19-22 April	U14B Ken Florens Hockey Festival @ Northwood
24-25 May	All Hockey, Rugby, Tennis, Squash, Chess, E-Sport teams @ St Benedicts
April TBC	2 <sup>nd</sup> Crawford Hockey Festival
13-16 June	1 <sup>st</sup> Kloof Soccer Tournament
14-17 June	U14A Penryn Cricket T20 Tournament
14-18 June	2 <sup>nd</sup> Cricket Sportweni Festival
13-16 Sept	1 <sup>st</sup> Cricket @ Noord Suid T20 Tournament
20-24 Sept	1 <sup>st</sup> Grey Bloem Soccer Tournament
20-24 Sept	U14A Shaun Pollock Cricket Festival
20-24 Sept	U16A DHS Kookaburra Festival
20-24 Sept	1 <sup>st</sup> Cricket Michaelmas Festival
20-24 Sept	1 <sup>st</sup> SACS Water Polo Tournament
20-24 Sept	PBHS U15 Cricket Festival
26-29 Sept	U16 DHS Water Polo Festival
17-20 Oct	1 <sup>st</sup> Saints Stayers Water Polo Tournament
17-20 Oct	U14A Water Polo - Grey College

For all extra mural details about fixtures, notices, practice times and transport arrangements please visit [www.northwoodschooolsport.com](http://www.northwoodschooolsport.com). Remember to create a shortcut on your home screen of your mobile device for a very user-friendly version of the site.